



KAGYU THEKCHEN LING MONASTERY

Institute for Higher Buddhist Studies

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Kagyuthekchen Ling Monastery

2026 Rainy Season Retreat: June 29 to August 13

Dedicated to Sponsors and All Beings,
Well-being, Peace and Harmony in the World.

Lord Buddha instructed monastics to remain in retreat during the annual rainy season and focus on the three trainings: discipline, samadhi, and wisdom. Observing this retreat upholds Lord Buddha's instructions and continues the age-old tradition of practice spanning more than 2,000 years since the time of the Buddha. Remaining in retreat during the rainy season accords with the Buddha's doctrine of peace, non-violence, and non-harm. By staying in retreat, monastics avoid unnecessary harm and killing of the many living beings that multiply and thrive during the wet season, as well as prevent damage to crops.

The merits of providing and supporting the requisites for monks observing the Rainy Season Retreat are immeasurable. This year, 141 π monks will be observing the Rainy Season Retreat at Lava Kagyu Thekchen Ling Monastery. Devotees may participate by making an offering to support the 6-week Rainy Season Retreat. Your offering serves to uphold and support the continuity of the Path taught by Lord Buddha.

~ DAILY PROGRAM ~

MORNING

- Sojong Vows (gSo Byong)
- The Sutra on Recollection of the Noble Three Jewels [*dKon mChog rJe Dran Gyi mDo*]
- The Dharani of Vajra Vidarana and Ushnisha Vijaya [*rNam 'joms Ma Dang rNam rGyal Ma' gZungs*]
- Water Torma offering Ritual including the torma of the wealth deity Zambala [*Chu gTor*]
- White Tara Puja [*sGrol dKar*]
- Recitation of the Litany of Names of Manjushri or Nama Samgiti [*Jam dPal mTsan brJod*]
- The Mountain Smoke Offering Puja [*Ri Wo bSang mChod*]

AFTERNOON

- Prostrations and Offerings to the Sixteen Arhats [*gNas brTan Phyag mChod*]
- Ritual offering of Tormas to Karmic Creditors [*Lan Chags gTor Ma*]

EVENING

- Supplication to Guru Rinpoche to Clear Obstacles and for Spontaneous Fulfilment of Wishes [*Bar Chad Lam Sel, and bSam Pa Lundrup Ma*]
- Praises to the Twenty-One Taras [*sGrol Ma Nyi Shu rTsa gChig Gi bsTod Pa*]

- Buddha Amitayus and Medicine Buddha Mantras [*Tshe gZungs and sMang gZungs*]
- Mahakala Bernakchen and Chakdrukpa Pujas [*mGon Po'I gSol Ka and Phyag Drug Pa*]
- Sur Puja [*gSur mChod*]
- Rituals of Sitatapatra or White Umbrella and Prajnaparamita Hridaya or Heart Sutra
- Ritual of Lion Face Dakini for dispelling obstacles [*gDugs Sher Seng gSum Gyi bZlog Pa*]
- The Five Prayers of Aspiration and the Aspiration for Rebirth in Buddha Amitabha's Pure Realm.

Offerings to the Rainy Season Retreat

	Particular Offerings	Indian Rs.
1	Milk Tea	1,500.00
2	Milk Tea and Bread	3,500.00
3	Full-day Meals (Breakfast& Lunch)	20,000.00
4	Only Lunch	16,000.00
5	Evening Milk	3,000.00
6	Individual Offering to all Sangha (Rs 50 each)	10,000.00
7	Individual Offering to Sangha (Rs 100 each)	20,000.00
8	Butter Lamp Offering (Rs.15 each)	1620.00
B	General Offering	Any Amount

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Offerings from outside India may be sent through the Rigpe Dorje Foundations of Hong Kong, Canada, Germany, France and Switzerland. Do contact us for details.

